



Notes for Patients After Receiving Extracorporeal Shock Wave Lithotripsy(ESWL, Stone Therapy)

1. It is important to take plentiful water to facilitate stone fragments passage.
2. A mild to moderate degree of bloody urine is acceptable. It usually resolve within one week's time.
3. Please return to your surgeon's clinic according to appointment. Usually an X-ray film or ultrasonography would be taken to assess the passage of stone.
4. About on third of the patients would experience certain degree of flank colicky pain(renal colic) during the course of stone passage.
5. Repeated ESWL Therapy may be required in about 10-40% of the patients as there are variations regarding the size and hardness of stones.
6. Please report immediately to the hospital if there are persistent nauseaation, vomiting, intolerable flank or abdominal pain, heavy bleeding urine in large amount or high fever. Call at the ESWL treatment room during office hours and our staff would notify your attending surgeon. Urology clinics would be opened every evening from Monday through Friday, any physician on duty would help with you in managing your condition. Please call at the Emergency Department(A & E) when the above services are not available.